

Chicken Soup for the **Canadian** Soul Heroes and Heart

A Key note Speech by Author Janet Matthews

In this exciting, uplifting and passionate presentation, your group will be entertained, inspired, and informed. Teachers groups, church groups, women's groups, community groups, youth and seniors alike have been powerfully moved by her heartfelt sharing of the four year experience of compiling this very special book.

As Janet shares how she changed careers mid life and stepped into living her own dream, you will learn how the vision for **Canadian Soul** evolved, and how she had to overcome many personal obstacles to finish and bring it to publication. You will be inspired and moved as she shares how Canada's sweetheart **Marilyn Bell** recounted first hand her historic 1954 Lake Ontario crossing in a two-hour interview that changed Janet forever. Learn how **The Legacy of Terry Fox** was written especially for this book by Toronto Star reporter Leslie Scrivener, and how World Champion figure skaters **Barbara Underhill and Paul Martini** contributed their "Live your Dream "Go-for-gold" story, *The Magic Skates*. You will discover why teachers everywhere are using these books in the classroom, why teenagers have embraced them, and why they are so universally loved by people of all ages.

The 84 stories in this book range from heart-opening submissions from ordinary Canadians from all parts of Canada, to stories written in the first person by people like **Paul Henderson, Rick Hansen** and **Kurt Browning** - some of our greatest Canadian heroes. You will also learn about some of our young heroes – 23 year old **Craig Kielburger** who at the age of 12 founded *Kids Can Free the Children*, and 16 year old **Ryan Hreljac** – who at the age of 6 created the *Ryan's Well Foundation*. These are our stories - the stories of Canada. You will come away with hope for the future, inspired to live your own dream, and filled with pride and gratitude - that you are Canadian.

Heroes and Heart is an ideal presentation for non-profit groups. "I make copies of **Chicken Soup for the Canadian Soul** available for \$20.00 flat - which includes the GST, a lovely gold sticker saying "*Signed by the Author,*" and my signature. I also offer a huge discount for multiple book purchases. A book signing follows where I personalize each book to you, or to whomever you may wish to give it to as a gift. It is very popular, and it is the sale of these books which allows me to work with your budget. Please call so we can discuss it and find a way to make it work for both of us."

Warmly, Janet ☺

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