

The Power of Passion

Keynote Presentation by Janet Matthews

Just imagine – what would it be like if every morning you looked forward to your day with excitement and passion? What if you could hardly wait to get to work to start doing exactly what you love the most? What if after you finished work you joyfully anticipated returning home to the people and things you love there?

How would you feel? What would your life be like? Is it possible?
Absolutely!

At this exciting event, Janet Matthews – best selling author (*Chicken Soup for the Canadian Soul*) and Spiritual Mentor will show you how to tap into your unbounded creativity using the limitless Power of your own Passion. As she shares her personal story of discovering and unfolding her passion, along with the stories of a few very special others, Janet will captivate you with possibilities.

You will come away with:

- Renewed hope and excitement for what is possible in your own life.
- A new and deeper self knowledge and self awareness
- more enthusiasm and energy
- better health
- a simple way to identify what you love so you can find more joy
- Greater clarity about what and who to keep in your life, and what to move away from.
- A newly inspired unwavering ability to see projects through to conclusion
- A renewal of self love and self respect – not dependent on anyone else for validation.

Janet's presentation is full of hard won insights, wisdom, and passion, delivered through the magic of story telling. Let her inspire, captivate and entertain you as you begin moving towards your own incredible life breakthroughs.

From personal experience Janet has knows the price of living disconnected from your passion. After graduating from Ryerson University she spent twenty years working in Toronto's fast paced fashion photography industry - a career she loved. When it was time for a new direction, she bought an in-home travel franchise business. Almost immediately her energy and joy in life plummeted. It felt like plodding through deep dark mud every day. When she was invited to produce two *Chicken Soup for the Soul* titles she instantly accepted, and joyfully ditched the travel business.

When **Jack Canfield** invited her to be a full co-author of **Chicken Soup for the Canadian Soul**, she jumped at the chance to help create this unique Canadian book. Working on it became a labour of love – completing it became her dream and her passion, and this passion helped her overcome the obstacles along the way. The lovely early September day in 2002 when the book was launched was the most exciting day of her life – her own equivalent of winning an Olympic gold medal. The book became an immediate best seller prompting countless radio and TV interviews.

Janet's stories can now be found in six *Chicken Soup for the Soul* books, as well as several other publications. Janet now speaks to wide range of audiences, consistently earning rave reviews.

For more information please visit: www.janetmatthews.ca
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